Carl's Fr.	Cereals containing gluten & their products	Crustacea, molluscs & their products	Egg & egg products	Fish & fish products	Milk & milk products	Peanuts & peanut products	Soybeans and their products	Treenuts and treenuts Products	Sesame Seeds and sesame seed products	Lupins & their products	Added sulphites
Big Angus Range											
Jim Beam Bourbon Big Angus Burger	Р	Т	Т	T	Р	T	Р	Т	Р	-	Т
Jim Beam Bourbon Big Angus Burger (Low Carb)	Р	Т	Т	T	Р	T	Р	T	Р	-	Т
Portobello Mushroom Big Angus Burger	Р	Т	Р	T	Р	T	Т	T	Т	-	Т
Portobello Mushroom Big Angus Burger (Low Carb)	Т	Т	Р	T	Р	T	Т	T	Т	-	Т
Memphis BBQ Big Angus Burger	Р	T	Т	Т	Р	Т	Т	Т	Т	-	Т
Memphis BBQ Big Angus Burger (Low Carb)	Р	T	Т	Т	Р	Т	Т	Т	Т	-	Т
Western Bacon Big Angus Burger	Р	T	Т	T	Р	T	Р	T	T	-	Т
Western Bacon Big Angus Burger (Low Carb)	Р	Т	Т	T	Р	T	Р	Т	Т	-	Т
Chargrilled Beef Range							_				
California Classic Double Cheeseburger	Р	T	Р	T	Р	T	Р	T	Р	-	Т
California Classic Double Cheeseburger (Low Carb)	T	T	Р	T	Р	T	T	T	T	-	Т
Famous Star Burger	Р	T	Р	T	Р	T	Р	T	Р	-	Т
Famous Star Burger (Low Carb)	T	T	Р	T	Р	T	Р	T	T	-	Т
Super Star Burger	Р	T	Р	T	Р	T	P	T	Р	-	T
Super Star Burger (Low Carb)	T	T	Р	T	Р	T	P	T	T	-	T
Big Carl Burger	Р	T	Р	T	Р	T	Р	T	Р	-	Т
Big Carl Burger (Low Carb)	T	T	Р	T	Р	T	T	T	T	-	T
Western Bacon Cheeseburger	Р	T	Т	T	Р	T	Р	T	Р	-	T
Western Bacon Cheeseburger (Low Carb)	Р	T	T	T	Р	T	P	T	T	-	T
Classic Carl Burger	Р	T	Р	T	Р	T	P	T	Р	-	T
Classic Carl Burger (Low Carb)	T	T	Р	T	Р	T	T	T	T	-	Т
Tasty Chicken Range											
Alabama Chicken Burger	Р	T	Р	T	Р	T	Р	T	Р	-	T
Alabama Chicken Burger (Low Carb)	Р	T	Р	T	Р	T	Р	T	T	-	Т
Buffalo Ranch Chicken Burger	Р	T	Р	T	Р	T	Р	T	Р	-	Т
Buffalo Ranch Chicken Burger (Low Carb)	Р	T	Р	T	Р	T	Р	T	T	-	Т
Bacon Swiss Big Chicken Burger	P	T	Р	T	Р	T	Р	T	Р	-	Т
Bacon Swiss Big Chicken Burger (Low Carb)	P	T	Р	T	Р	T	Р	T	Т	-	Т
Ranch Big Chicken Burger	P	T	Р	T	Р	T	Р	T	Р	-	Т
Ranch Big Chicken Burger (Low Carb)	Р	T	Р	T	Р	T	Р	T	T	-	T
Veggie & Fish Range											
Carl's Catch Burger	Р	T	Р	Р	Р	T	Р	T	Р	-	Т
Carl's Catch Burger (Low Carb)	Р	T	Р	Р	Р	T	T	T	T	-	T
Cluckless 'Chicken' Burger	Р	T	Р	Т	Р	T	Р	Т	Р	-	T
Cluckless 'Chicken' Burger (Low Carb)	Р	T	Р	T	Р	T	Р	T	Т	-	T
Value Range											
Cheeseburger	Р	T	Т	T	Р	T	Р	Т	Р	-	Т
Cheeseburger (Low Carb)	T	T	T	Т	Р	Т	Т	Т	Т	-	Т
Hamburger	Р	T	T	T	Т	T	Р	Т	Р	-	T

Hamburger (Low Carb)	Т	Т	Т	T	Т	T	T	Т	Т	-	Т
Snack/Value Chicken Burger	Р	Т	Р	Т	Т	T	Р	Т	Р	-	T
Snack/Value Chicken Burger (Low Carb)	Р	Т	Р	Т	Т	T	Р	Т	T	-	T
Shakes											
Chocolate Milkshake	T	Т	T	T	Р	T	Р	Т	T	-	Т
Strawberry Milkshake	T	Т	Т	T	Р	Т	Т	Т	Т	-	Т
Vanilla Milkshake	T	Т	Т	T	Р	Т	T	Т	T	-	Т
Salted Caramel Milkshake	Р	Т	Т	T	Р	Т	T	Т	T	-	Т
Cookies & Cream/Oreo Milkshake	Р	Т	Т	T	Р	Т	Р	Т	Т	-	Т
Sundae's											
Strawberry Sundae	T	Т	Т	T	Р	Т	T	Т	T	-	Т
Cookies & Cream/Oreo Sundae	Р	Т	Т	T	Р	Т	Р	Т	T	-	Т
Chocolate Sundae	T	Т	Т	T	Р	Т	Р	Т	T	-	Т
Salted Caramel Sundae	Р	Т	Т	T	Р	Т	T	Т	Т	-	Т
Sides											
Fries	T	Т	T	T	Т	Т	Т	Т	Т	-	Т
Chilli Cheese Fries	Р	Т	T	T	Р	Т	T	Т	Т	-	Т
Onion Rings	Р	Т	Т	T	Р	Т	Р	Т	T	-	Т
Chicken Tenders	Р	Т	Р	T	Р	Т	Р	Т	T	-	Т
Crisscut Fries	Р	Т	Т	T	Т	Т	T	Т	Т	-	Т
Chilli Cheese Crisscut Fries	Р	Т	Т	T	Р	Т	Т	Т	Т	-	Т
Bacon Ranch Crisscut Fries	Р	Т	Р	T	Р	Т	Р	Т	Т	-	Т
Sauces											
Ranch Sauce	T	T	Р	Т	Р	Т	T	Т	T	-	Т
Memphis BBQ Sauce	T	T	T	T	Т	T	Р	Т	T	-	Т
Special Sauce	T	Т	Т	Т	Т	Т	Р	Т	T	-	Т
Tartare Sauce	T	T	Р	T	Р	T	Т	Т	T	-	Т
Mayonnaise	T	T	Р	T	Т	T	Р	Т	T	-	Т
Tomato Sauce	T	Т	Т	Т	Т	Т	Т	Т	Т	-	Т
Jim Beam Sauce	Р	T	Т	Т	Т	Т	Р	Т	T	-	Т
BBQ Sauce	T	Т	Т	Т	Т	Т	Р	Т	T	-	Т
Buffalo Sauce	T	Т	Т	Т	Р	Т	T	Т	Т	-	Т
Classic Sauce	Р	Т	Р	Т	Т	Т	Р	Т	Т	-	Т
Aioli Sauce	T	Т	Р	Т	Т	Т	T	Т	Т	-	Т

P - Present (Based on our own practices and information from our Approved Suppliers, the listed allergen is present in the product as an ingredietns, food additive or processing aid).

Allergen Information is based on standard product assembly, Allergen Information shown above does not apply to special or custom orders. Please be aware that there is always a risk that traces of allergens may be transferred to a product during processing, storage or preparation at store level. For these reasons we cannot gurantee that any product sold is free from traces of the listed allergens. If you have a particular sensitivity to any specific foods or ingredients, or if you have other food allergies, intolerances or specific religious, ethnic or dietary requirements, we strong recommend that you contact our Customer Care team via the 'Contact Us' tab on our website https://www.carlsjr.co.nz/

T - Traces (Based on our own practices and information from our Approved Suppliers, the listed allergen is stored at, or used to manufacture other items at the site where the product (or one of its ingredients) is produced).

A dash in the above table indicates that the presence of the listed allergen or traces of the listed allergen has not been reported by our Approved Suppliers.

^{*} Sulphite P = 10mg/kg or more, T = less than 10mg/kg