



	Cereals containing gluten & their products	Crustacea, molluscs & their products	Egg & egg products	Fish & fish products	Milk & milk products	Tree Nuts & their products	Sesame Seeds & their products	Peanuts & their products	Soybeans & their products	Added Sulphites	Lupins & their Products
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Chargrilled Burgers

Big Hamburger	P	T	T	T	T	T	P	T	P	T	-
Big Cheeseburger	P	T	T	T	P	T	P	T	P	T	-
Classic Carl	P	T	P	T	P	T	P	T	P	P	-
Famous Star	P	T	P	T	P	T	P	T	P	P	-
Super Star	P	T	P	T	P	T	P	T	P	P	-
The Big Carl	P	T	P	T	P	T	P	T	P	P	-
Western Bacon Cheeseburger	P	T	T	T	P	T	P	T	P	T	-
Original Angus	P	T	P	T	P	T	T	T	P	P	-
Western Bacon Angus	P	T	P	P	P	T	T	T	P	P	-
Portobello Mushroom Angus	P	T	P	T	P	T	T	T	P	P	-
Memphis BBQ Angus	P	T	T	T	P	T	T	T	P	P	-
Jim Beam Bourbon Angus	P	T	T	T	P	T	T	T	P	P	-

Chicken & Fish

BBQ Chicken	P	T	T	T	T	T	T	T	P	T	-
Chicken & Bacon	P	T	P	T	P	T	T	T	P	T	-
Ranch Big Chicken	P	T	P	T	P	T	P	T	P	P	-
Bacon Swiss Big Chicken	P	T	P	T	P	T	P	T	P	P	-
Alabamma Chicken	P	T	P	T	P	T	P	T	P	T	-
Alabamma Slamma	P	T	P	T	P	T	P	T	P	T	-
Chicken Tenders	P	T	P	T	T	T	T	T	T	T	-
Carl's Catch Fish	P	T	P	P	P	T	P	T	P	P	-
Fish & Chips	P	T	P	P	P	T	T	T	P	T	-

Vegetarian

Veggie Burger	P	T	P	T	P	T	P	T	P	P	T
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Jr. Menu

Value Hamburger	P	T	T	T	T	T	P	T	P	T	-
Value Cheeseburger	P	T	T	T	P	T	P	T	P	T	-
Value Double Cheeseburger	P	T	T	T	P	T	P	T	P	T	-
Value Chicken Burger	P	T	P	T	P	T	P	T	P	T	-

Sides

Bacon Ranch Crisscut Fries	P	T	P	P	P	T	T	T	P	P	-
Natural-Cut French Fries	Small	P	T	P	P	T	T	T	P	T	-
	Medium	P	T	P	P	T	T	T	P	T	-
	Large	P	T	P	P	T	T	T	P	T	-
Crisscut Fries	P	T	P	P	P	T	T	T	P	T	-
Onion Rings	P	T	P	P	P	T	T	T	P	T	-
Chilli Cheese Crisscuts	P	T	P	P	P	T	P	T	P	T	-
Chilli Cheese Fries	P	T	P	P	P	T	P	T	P	T	-

Shakes and Desserts

Chocolate Milk Shake	T	T	T	T	P	T	T	T	T	T	-
Strawberry Milk Shake	T	T	T	T	P	T	T	T	T	T	-
Vanilla Milk Shake	T	T	T	T	P	T	T	T	T	T	-
Oreo Milk Shake	P	T	T	T	P	T	T	T	P	T	-
Sundaes	Chocolate	T	T	T	P	T	T	T	P	T	-
	Strawberry	T	T	T	P	T	T	T	T	T	-
	Cookies & Cream	P	T	T	T	P	T	T	P	T	-

P – Present

Based on our own practices and information from our suppliers, the listed allergen is present in the product as an ingredient, food additive or processing aid.

T – Trace

Based on our own practices and information from our suppliers, the listed allergen is stored at, or used to manufacture other items at the site where the product (or one of its ingredients) is produced.

A blank square in the above table indicates that the presence of the listed allergen or traces of the listed allergen has not been reported by our suppliers.

*Sulphites P = 10 mg / kg or more, T = less than 10mg / kg

- Allergen Information is based on standard product formulations as at date of publication.

- Please be aware that there is always a risk that traces of allergens may be transferred to a product during processing, storage or preparation at store level.

- For these reasons we cannot guarantee that any product sold is free from traces of listed allergens.

- If you have a particular sensitivity to any specific foods or ingredients, or if you have any other food allergies, intolerances or specific religious, ethnic or other dietary requirements, we strongly recommend that you contact us on 09 525 8700

Nutritional Information correct as of 12/04/18.